# Newsletter

October 2021





### What's been happening...

#### **Back to School**

Another school term means new opportunities . We are very excited to be back at the service and look forward to spending the next 10 weeks engaging in fun activities at OSHClub.

It is only week 2 and we have already been super busy with different activities every day. We have done D IY projects, made our own playdoh, designed, and created our own indoor tennis game, engaged in a fingerpainting experience and we even participated in an outdoor scavenger hunt! Check out the pictures:)

In other news, we look forward to seeing more familiar faces In Week 3 as children begin slowly transitioning back to face -to-face learning. We understand that remote learning has been challenging for some of us and not all children have been able to come to OSHClub. Thus, we came up with the exciting idea to invite everyone who attends OSHClub to a virtual Kahoot game which will be conducted over Zoom on Monday 18th October 2021 at 4pm. We will send out the link on Monday through Kidsoft. We will also send out a reminder in the coming days to ensure that no one misses out!

















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#### Jokes of the Week

Try these funny jokes with your children!

- What's an alligator in a vest called? An investi-gator
- What do you call a boomerang that won't come back? A stick
- How do we know that the ocean is friendly? It waves



#### **Additional Reminder**

#### **SunSmart**

As you are all aware, we have no wentered the summer season and as Term 4 begins, our SunSmart policy takes effect.



#### **Parent Input**

We love hearing from our community and appreciate any kind of feedback, comments on the service or suggestions for our program or how to better the care we provide. There are a few different ways for parents and families to do this. Those include email, text message, phone call, or face-to-face chat upon pick up! We look forward to hearing from you:)

### Recipe

## Chicken Parmesan Nugget Motorbikes

1 capsicum, sliced

500g sweet potato

2 roma tomatoes

500g chicken breast fillets

5ml virgin olive oil spray

1/2 cup parmesan, finely grated

1/2 cup wholemeal plain flour

2 free-range eggs, lightly beaten

2 cup whole grain breadcrumbs

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- 1. Preheat oven to 200°C. Line 2 oven trays with baking paper.
- 2. Peel and cut sweet potato into 1cm-thick sticks. Place in a single layer on 1 prepared tray and spray with olive oil. Cut chicken into 4cm pieces. Place eggs and plain flour in separate bowls. Mix breadcrumbs and parmesan in a separate bowl. Toss the chicken in the flour and shake away excess, then dip in the egg, then in the breadcrumbs, tossing to coat well.
- 3. Place nuggets on other prepared tray, spray with olive oil and bake with sweet potato chips for 25 minutes, turning after 15 minutes or until golden.
- 4. Place tomatoes slices for wheels, a chicken nugget as the body, a sweet potato chip as the exhaust and slices from capsicum as the handlebars. Serve remaining pieces on side.



